



Colyton Caterpillars Early Education

Early Years Nappy changing and toileting Policy

This policy was agreed by trustees/staff:	
Date of last review:	December 2023
Date of next review:	July 2024
Reviewed by:	K.Clode

The United Nations Convention of Rights of the Child (CRC) is at the heart of our schools planning, policies, practice and ethos. As we work towards becoming a Rights Respecting school as we not only teach about children's rights, but also model rights and respect in all relationships. Linked to articles 3, 19, 32, 33 (CRC).

About / policy statement

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies/pull ups. We work closely with parents/carers to support toilet training, adjusting our provision to accommodate children with any additional needs or medical conditions.

We see toilet training as a self-care where children have the opportunity to learn with support from all staff members. This links to areas of the EYFS. Including;

Procedure for nappy changing and toileting

- A list of children who are in nappies, are listed on the nappy changing log each day. The nappies are changed regularly.
- Our nappy changing area is a calm, warm and safe area including a nappy changing table and a changing mat that are cleaned after each nappy change with anti-bacterial spray.
- We have two safe, secure bathroom areas where children can be helped with toileting and changed where necessary.
- Gloves are worn every time whilst changing nappies and changing wet/soiled clothing. All staff are aware of the hygiene procedures involved in this.
- Staff wash their hands with soap and water before and after each nappy change and use hand gel inbetween.
- Cream is applied as and when needed when provided by the parent/carer.
- Staff ensure that nappy changing is a relaxed time where independence is promoted in the children. For example; singing nursery rhymes.

- We support children to wipe their bottom if the child asks for help, and we send out useful links to parents to learn this new skill.
<https://www.youtube.com/watch?v=DTkbj2-Gn9s>
<https://www.andrex.co.uk/gotime/prep-stage/articles/teaching-children-how-to-wipe>
https://therapy.barnsleychildrenshealth.co.uk/uploads/optimadmin/document/document/63/Activities_to_promote_bottom_wiping.pdf
- If children are showing an interest in using the potty/toilet this is encouraged following the parent/carers lead. The children are encouraged to wash their hands after using the toilet/potty.
- Potties are cleaned with anti-bacterial spray after each use and kept in the toilet area as per bowel and bladder advisory service..
- Where a child is wet/soiled, two members of staff assist the child to clean themselves and change into clean clothes. This is written onto the nappy changing log and parent/carers are informed on collection.
- Where staff suspect illness/loose stools, parent/carers are contacted via phone where necessary.

Disposal of nappies / soiled clothing

- All nappies are placed in nappy sacks and then taken outside to the yellow nappy bin, using the key to open.
- Wet/soiled clothing is sent home in a separate bag for the parent/carer to wash. Clothing is not washed/rinsed on site.